

Tobacco Cessation Patient Resources

					Type of Service				
Name	Address	Phone #	Website or email	Contact Person	Class	Group Session	Telephonic Counseling	Fee	Other
AcuHope	5953 Laurel Cyn Blvd Ste C. Valley Village, CA 91607	818-708-1698	acuhope.com	Joanne	No	No	No	Accepts most insurances	Use Acupuncture treatment to help smokers cease smoking
Acuhope	18740 Ventura Blvd Ste 204 Tarzana, CA 91356	818-708-1698	acuhope.com	Joanne	No	No	No	Accepts most insurances	Use Acupuncture treatment to help smokers cease smoking
American Lung Association-Not on Tobacco	2025 Weswind Dr Ste C. Bakersfield, CA 93301	800-586-4872 Opt 1; 661-847-4700; 310-735-9175	lung.org/ California	Tammy or Jill	Yes	Yes	Yes	Depends on program	
American Lung Association-Freedom from Smoking	3325 Wilshire Blvd Ste 900 Los Angeles, CA 90010	800-586-4872 Opt 1; 213-384-5864; 310-735-9175	lung.org/ California	Reyna Voila	Yes	No	Yes	Depends on program	
American Lung Association of California	3326 Wilshire Blvd Ste 900 Los Angeles, CA 90010	213-384-5864 Opt 0	lung.org/ California	David Hector	No	No	Yes	Depends on program	
Buddhist Tzu Chi Community Clinic	1000 S Garfield Ave. Alhambra, CA 91801	626-281-3383	www.tzuchimedicalfoundation.org	Yng	No	No	Only for those with specific questions or concerns		
Buddhist Tzu Chi Community Clinic	10414 Vacco St. S El Monte, CA 91733	626-281-3383	www.tzuchimedicalfoundation.org		Yes	Yes	Yes		
Glendale Adventist Medical Center	1509 Wilson Terrace Glendale, CA 92106	818-409-8042; 323-255-9030 Opt 2	www.glendaleadventist.com/body.cfm?id=104;micheal.olivares.ah.org	Michael	Yes	Yes	Yes	Free	
Kaiser Permanente-Freedom from smoking	5105 Goldleaf Cr. Los Angeles, CA 90056	(866)402-4320/ (216)265-6800	kp.org/quitsmoking	Katrina	Yes	Yes	Yes @ 866-862-4295	Free for members	
National Council on Alcoholism and Drug Dependence (NCADD) South Bay Area	1334 Post Ave. Torrance, CA 90501	(310)328-1460	bhs/inc.org	Vanessa	Yes	Yes	No	Accepts insurance; uninsured pay \$2,400/3m & \$4,800/6m	
National Council on Alcoholism and Drug Dependence (NCADD) of the East San Gabriel and Pomona Valley	4625 N Grand Ave, Covina, CA 91724	800-622-2255; 626-331-5316		Gaby	Yes	Yes	No		
Nicotine Anonymous	Fossie Center: 351 E. 6th St. Long Beach, CA 90802	800-642-0666: 562-435-7350	www.scina.org	Monica	Yes	Yes	Yes		
Nicotine Anonymous	Unitarian Church Cottage: 1260 18th St. Santa Monica, CA 90404	800-642-0666; 310-780-6380	www.scina.org	Marjorie	Yes	Thursdays, 7:30pm	Yes		
Nicotine Anonymous	All Saints Episcopal Church, Pre-School room: 346 Termino Ave. Long Beach, CA 90814	1-800-642-0666, 562-427-8595	www.scina.org			Mondays, 6pm			voicemail available

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Nicotine Anonymous	Glendale Adventist Medical Center: 1509 Wilson Terrace Glendale, CA 92106	1-800-642-0666;	www.scina.org ; stevehopkins@earthway.net	Steve	No	Mondays, 6:15pm			
Nicotine Anonymous	West Hollywood Recovery, Big Room: 626 Robertson West Hollywood, CA 90069	1-800-642-0666	www.scina.org		No	Monday, 6:30pm	No		
Nicotine Anonymous	McMillan Med Center, Room 300: 3333 Skypark Drive, Torrance, CA	1-800-642-0666	www.scina.org		No	Mondays, 7pm	No		
Nicotine Anonymous	Kaiser Foundation Carson CDSP, Room A: 23621 S. Main St., Carson, CA	1-800-642-0666	www.scina.org		No	Tuesdays, 6pm	No		
Nicotine Anonymous	Calvary Baptist Church (Family Center Room): 14722 Clark Ave. Bellflower, CA 90706	1-800-642-0666, 562-644-5225	www.scina.org	Joseph	No	Tuesdays, 7pm	No		
Nicotine Anonymous	Christian Church Inglewood Southside: 397 W. 104th St. Inglewood, CA 90303	1-800-642-0666	www.scina.org		No	Wednesdays , 6pm	No		
Nicotine Anonymous	Aurora Charter Oak Hospital, Group Room: 1161 E. Covina Blvd., Covina, CA	1-800-642-0666	www.scina.org		No	Wednesdays , 6:30pm	No		
Nicotine Anonymous	Kaiser Imperial Medical Center, Room Q22: 9449 Imperial Highway Downey, CA 90242	1-800-642-0666	www.scina.org		No	Wednesdays , 7pm	No		
Nicotine Anonymous	512 Main St., El Segundo, CA	1-800-642-0666	www.scina.org		No	Thursdays, 7pm	No		
Nicotine Anonymous	Unitarian Church, Room 6 Cottage: 1260 18th St., Santa Monica, CA	1-800-642-0666	www.scina.org		No	Thursdays, 7:30pm	No		
Nicotine Anonymous	Presbyterian Nursery School: 4445 Nobles Ave, Sherman Oaks, CA	1-800-642-0666	www.scina.org		No	Thursdays, 8pm	No		
Nicotine Anonymous	4615 E. Live Oak Ave. Arcadia, CA (9416 Club)	1-800-642-0666	www.scina.org		No	Fridays, 3pm	No		
Nicotine Anonymous	Café Tropical Back Room: 2900 Sunset @ Parkman, Los Angeles, CA	1-800-642-0666	www.scina.org		No	Fridays, 6:30pm	No		
Nicotine Anonymous	Intercity Fellowship, Main Meeting Room: 5881 Cherry Ave. Long Beach, CA 90805	1-800-642-0666, 562-206-6020	www.scina.org		No	Saturdays, 9am	No		

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Nicotine Anonymous	Marina Center: 12720 Washington Blvd. Culver City, CA 90066	1-800-642-0666, 310-396-3525	www.scina.org	Jack	No	Saturdays, 5pm	No		
Nicotine Anonymous	Unitarian Universalist Church: 12355 Moorpark Ave. Studio City, CA	1-800-642-0666	www.scina.org		No	Sundays, 4:30pm	No		
Save Our Selves	Didi Hirsch Community Mental Health Center: 1540 East Colorado St. Glendale, CA 92105	323-666-4295	http://www.cfwest.org/sos or www.sossobriety.org ; sos@cfwest.org	Jim	No	Friday 7pm, Sunday 12pm to 1:30pm	No		
Save Our Selves	425 South Broadway, 2nd Floor, Los Angeles CA 90068	323-66-4295	http://www.cfwest.org/sos or www.sossobriety.org		No	Mondays 7:30pm, Wednesdays 7:30pm, Friday 7:30pm	No		
Save Our Selves	SHARE Center: 6666 Green Valley Circle Los Angeles, CA 90066	323-666-4295	http://www.cfwest.org/sos or www.sossobriety.org ; sos@cfwest.org	Jim	No	Thursdays, 8pm	No		
Save Our Selves	West Valley Mental Health Center: 7621 Canoga Park Ave. Canoga Park, CA 91301				No		No		
Save Our Selves	Warm Springs Library: 27955 Sloan Canyon Rd. Castaic, CA 91310			Joseph	No	every 1st Saturday 5:45pm	No		
Save Our Selves	4773 Hollywood Blvd. Hollywood, CA 90027	323-666-4295	http://www.cfwest.org/sos or www.sossobriety.org ; sos@cfwest.org	Jim	No	Tuesdays, 8pm	No		English
Torrance Memorial Medical Center	McMillan Medical Center: 3333 Skypark Dr. Ste. 300, Torrance, CA	310-325-9110	www.torrancememorial.org	Vicky Hershburger ext. 7603, Health Education	Breathe Freely, 6 to 8 week class			Free	8-week series will support with smoking cessation aids, behavior modification, stress reduction techniques, support systems, acupuncture points and guided imagery
				Lance		Monday 7-8:30pm		Free	Nicotine Anonymous group on site

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UCLA	200 UCLA Medical Plaza Building, Suite 204 Los Angeles, CA 90095	310-825-0014			Freedom From Smoking Program, 8 week course, Tuesday evenings, 4pm - 6pm	No	No	\$100 for UCLA employees, \$150 for non-UCLA employees	
Watts Healthcare Corp. Preventive Health Services	Watts Health Center: 10300 S. Compton Blvd. Los Angeles CA 90002	323-357-6628			Tuesdays, 10am	No	No		English and Spanish; Teens and Adults
California Smokers Helpline	N/A	1-800-NO-BUTTS (1-800-662-8887)			No	No	help line		
American Lung Association	N/A	1-800-548-8252			No	No	help line		
Center for Disease Control and Prevention	Office on Smoking and Health	1-800-784-8669 (1-800-QUIT-NOW)			No	No	help line		
National Cancer Institute	N/A	1-877-444U-QUIT (1-877-448-7848)			No	No	help line		